

# Emergen-C Kidz – Fruit Punch

## Dietary Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

**Directions:** Ages 4 to 13, one (1) packet daily. Empty contents into a glass, add 4–6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

<b>Supplement Facts</b>		
Serving Size 1 Packet (9.4 g)		
Amount Per Serving	% Daily Value	
Calories	35	
Total Carbohydrate	8 g	3% <sup>†</sup>
Total Sugars	5 g	*
Includes 5 g Added Sugars		10% <sup>†</sup>
Vitamin C (as ascorbic acid, zinc ascorbate)	250 mg	278%
Niacin (Vit. B <sub>3</sub> )	4 mg	25%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B <sub>9</sub> )	167 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B <sub>12</sub> (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B <sub>5</sub> )	2.5 mg	50%
Calcium (as calcium carbonate, monobasic calcium phosphate, tribasic calcium phosphate, calcium pantothenate) <sup>‡</sup>	100 mg	8%
Phosphorus (as monobasic potassium phosphate, monobasic sodium phosphate, monobasic calcium phosphate, tribasic calcium phosphate) <sup>‡</sup>	38 mg	3%
Magnesium (as magnesium hydroxide, magnesium carbonate) <sup>‡</sup>	60 mg	14%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	10 mcg	29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate) <sup>‡</sup>	70 mg	3%
Potassium (as potassium bicarbonate, potassium carbonate, monobasic potassium phosphate) <sup>‡</sup>	250 mg	5%
<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established. <sup>‡</sup> Electrolytes		

**Other Ingredients:** Fructose, Citric Acid, Maltodextrin, Fruit Juice Concentrates (pineapple, peach, orange) (flavor), Malic Acid. **Contains <2% of:** Beet Juice Concentrate (color), Fruit Juice Solids (guava, strawberry), Glycine, L-Aspartic Acid, Natural Flavors, Orange Oil, Rebaudioside A (extracted and purified from natural stevia leaf), Silicon Dioxide, Sugar, Sweet Cherry Powder, Tartaric Acid.

If child is taking medication, consult a doctor before use.

Store at room temperature. Protect from moisture.

Do not use if packet seal is torn or broken.

Distributed by: Alacer Corp.  
Carlisle, PA 17013

Consumer Line: 1.888.425.2362