Emergen-C 1,000 mg Vitamin C - Tropical

Dietary Supplement

This is the most current labeling information and may differ from labels on product packaging. If there are any differences between this website labeling and product packaging labeling, this website labeling should be regarded as the most current.

Directions: Ages 14 and up, one (1) packet daily. Empty contents into a glass, add 4–6 oz of water, stir. For lighter flavor, mix with more water. Do not exceed suggested use.

Supplement Facts

Serving Size 1 Packet (9.2 g)

Amount Per Serving		% Daily Value
Calories	35	
Total Carbohydrate	8 g	3% [†]
Total Sugars	6 g	*
Includes 6 g Added Sugars		12% [†]
Vitamin C (as ascorbic acid, zinc ascorbate)	1,000 mg	1,111%
Thiamin (as thiamine hydrochloride) (Vit. B ₁)	0.38 mg	32%
Riboflavin (as riboflavin-5'-phosphate) (Vit. B ₂)	0.43 mg	33%
Niacin (Vit. B ₃)	4 mg	25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg	588%
Folate (Vit. B ₉)	167 mcg DFE	42%
	(100 mcg Folic Acid)	
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg	1,042%
Pantothenic Acid (as calcium pantothenate) (Vit. B ₅)	2.5 mg	50%
Calcium (as calcium carbonate, monobasic calcium phosphate,	50 mg	4%
tribasic calcium phosphate, calcium pantothenate) [‡]		
Phosphorus (as monobasic potassium phosphate, monobasic	38 mg	3%
calcium phosphate, monobasic sodium phosphate, tribasic calcium phosphate) [‡]		
Magnesium (as magnesium hydroxide, magnesium carbonate)	[‡] 60 mg	14%
Zinc (as zinc ascorbate)	2 mg	18%
Manganese (as manganese gluconate)	0.5 mg	22%
Chromium (as chromium picolinate)	10 mcg	29%
Sodium (as sodium bicarbonate, monobasic sodium phosphate		3%
Potassium (as potassium bicarbonate, monobasic sedicin prospriate	200 mg	4%
	Zoo mg	₹ /0

[‡]Electrolytes *Daily Value not established.

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Other Ingredients: Fructose, Citric Acid. **Contains <2% of:** Acacia, Beet Juice Concentrate (color), Glycine, L-Aspartic Acid, Malic Acid, Maltodextrin, Natural Flavors, Silicon Dioxide, Tartaric Acid.

If you are pregnant, nursing, or taking medication, consult your doctor before use.

Keep out of reach of children.

Store at room temperature. Protect from moisture.

Do not use if packet seal is torn or broken.

Distributed by: Alacer Corp.

Carlisle, PA 17013

Consumer Line: 1.888.425.2362