

**DIRECTIONS:** Ages 9-13, take one (1) stick pack per day. Ages 14+, take up to two (2) stick packs per day. Shake the stick pack, rip, and tip directly into mouth. Not formulated for use in children less than 9 years of age. Do not exceed suggested use.

# Supplement Facts

Serving Size 1 Stick Pack (4 g) (9-13 years of age) / 2 Stick Packs (8 g) (14+ years of age)  
Servings Per Container 28/14

	9-13 years (1 Stick Pack)		14+ years (2 Stick Packs)	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15		30	
Total Carbohydrate	4 g	1%†	7 g	3%†
Total Sugars	3 g	*	6 g	*
Includes Added Sugars	3 g	6%†	6 g	12%†
Vitamin C (as ascorbic acid, zinc ascorbate)	500 mg	556%	1,000 mg	1,111%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	2 mg	118%	4 mg	235%
Vitamin B <sub>12</sub> (as cyanocobalamin)	12 mcg	500%	24 mcg	1,000%
Zinc (as zinc ascorbate)	5 mg	45%	10 mg	91%
Manganese (as manganese gluconate)	0.5 mg	22%	1 mg	43%

†Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

**Other Ingredients:** Fructose, Sugar, Glucose Syrup, Maltodextrin. Contains <2%: Beet Juice Concentrate (color), Carbon Dioxide (for popping effect), Natural Flavor.

Distributed by: *Alacer Corp.*,

Warren, NJ 07059

Questions? Comments?

Call 1-800-245-1040

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If you are pregnant or nursing, consult your doctor before use.

If you or your child are taking medication, consult your doctor before use.

If taking other supplements, read the label, since supplements may  
contain the same ingredients.

**KEEP OUT OF SIGHT AND REACH OF CHILDREN.**

**NOT TO BE ADMINISTERED WITHOUT THE SUPERVISION OF AN ADULT.**

Store at room temperature. Protect from moisture.

Carton contains individual stick packs.

Do not use if stick pack seal is torn or broken.

## Immune Support

500 mg of Vitamin C, as well as other antioxidants, zinc  
and manganese, support your immune system.\*

## Energy

Includes Vitamins B<sub>6</sub> and B<sub>12</sub>  
to help enhance energy naturally.\*

**\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.**